

Social Studies



My Family and Me

Everyone including me is special. My habits, likes, and dislikes make me special.

Share the fun details about yourself with your family and friends:

- my birthday
- my favourite food
- my favourite animal
- my favourite colour
- my favourite activity





l love my family.



A family tree is a picture that helps show the connection of people in a family.



My Health and Safety

Practising good hygiene allows you to stay healthy and strong:



Brush your teeth every morning and night.

Wash and brush your hair regularly.

Take baths or showers regularly.

Wash your hands regularly.

Following safety rules keeps everyone safe. Below are some safety rules:





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My Community

Our community has a lot of important places and community helpers to make it a safe and happy place to live.



Recycling is important because it not only keeps our community clean, but also helps save a lot of our Earth's natural resources.



Being Respectful

Having good manners shows respect. Say phrases such as "thank you", "please", and "I'm sorry".



Special Days in Canada

We have many special days in Canada. People have different ways to celebrate special days.



